



Meet Your School Counselor

Does Murdock have a School Counselor?

Objectives

Students will:

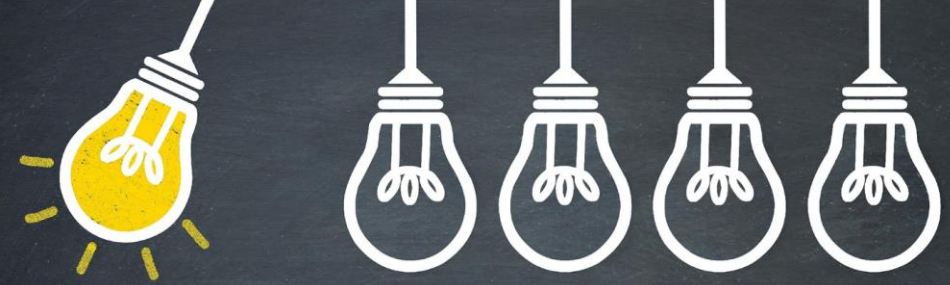
-know their school has a school counselor available to support them

-know how to ask to see their school counselor

-know what a school counselor does

-understand the limits of confidentiality

****Pre-Test**



WHAT WILL I LEARN?

ASCA Standards Alignment:

M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment

B-SS 3. Positive relationships with adults to support success

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

WHO AM I?

- My name is Ms. Huerta aka Ms. H
- I am YOUR school counselor
- School counselors do many things
 - can you guess what some of those things are?
- You will see me in lots of places with all kinds of people
- My job is to help every student at Murdock learn about the good things that make them who they are and help them do well in school, with friends and at home



Counselor Co-pilot

- Think of me as your copilot.
- I will help you navigate through your feelings and friendships but you are the pilot of your own life!
 - I will fly alongside you to help you navigate a path that works for you!

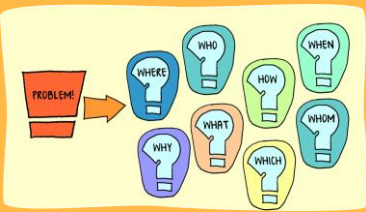


Your school counselor can help you with...

-understanding and managing your feelings



-solving problems with yourself and others



-learning new skills to help you with friends, at school, or at home (how to be organized)



-Seeing new perspectives
-Considering options
-loving yourself for who you are



-understanding your interests, skills, and values and how they relate to careers
E.g. (helping people-police officer, school counselor, firefighter)



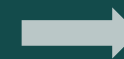
I can help you 1:1, in a small group, or via classroom lessons (like this one)

Your school counselor will keep what you say PRIVATE, unless...

You give me permission to share what you have said



You tell me...
someone is hurting you,
you want to hurt yourself
or you want to hurt someone else




NEED A CO-PILOT?

Reach out to your school counselor! How?

1. If you need to see me, let your parent or your teacher know
2. Referral form (new)
3. My office is inside the front office, or catch find me outside at recess time
 - Is it okay to ask to see me daily or just because? Why/Why not?

I Would Like to Talk to the School Counselor About....

<input type="checkbox"/> My schoolwork	<input type="checkbox"/> My family
<input type="checkbox"/> My friends	<input type="checkbox"/> Something secret
<input type="checkbox"/> My feelings	<input type="checkbox"/> Other



Your School Counselor

- Does NOT...

- PUNISH YOU
- TELLS YOU WHAT TO DO
- SOLVE ALL YOUR PROBLEMS (no magic wand, sorry!)

- Is here for...

- IS HERE FOR EVERY SINGLE STUDENT!

There are no bad kids, there are kids who need help. I am here to help every student.

TRUE OR FALSE?

Split into two groups

The school counselor is here to support everyone and does not think there are any "bad kids!"

The School Counselor will tell you what you should be when you grow up.

The School Counselor will keep every single thing you say a secret!

The School Counselor is not here to discipline you.

The School Counselor watches you in class to tell you what you are doing wrong?

The School Counselor will not keep a secret about you getting hurt.

The School Counselor only meets with "bad kids"

The School Counselor will tell you exactly what to do when you have a problem.

The School Counselor can solve all of your problems

Summary

-What is the name of your school counselor?

-How do you ask to see your school counselor?

-What a school counselor do?

-your counselor will keep what you say private unless...?



-What did you learn today that you didn't know before?

-Are you surprised by anything you learned about my role?

-What sorts of things are you hoping to learn about from me this year?

Thank you

- Post-Test

